
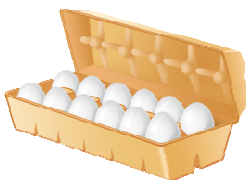



# July 2010

Mon	Tue	Wed	Thu	Fri
			1 <b>Breakfast</b> —French Toast Sticks, Pears Milk <b>Lunch</b> —Beef Hot Dog on Bun, Baked Beans, Peaches, Milk <b>Snack</b> —Pineapple Chunks, Yogurt, Water	2 <b>Breakfast</b> —Sausage Biscuit, Tropical Fruit, Milk <b>Lunch</b> —Sliced Ham, Mashed Potato, Peas & Carrots, Roll, Milk <b>Snack</b> —Apple Slices, Trail Mix, Water
5 <b>Breakfast</b> —English Muffins, Apples, Milk <b>Lunch</b> —Cheese Burger on Bun, Tater Tots, Pears, Milk <b>Snack</b> —Peanut Butter Crackers, Grape Juice	6 <b>Breakfast</b> —Cheerios, Pineapples, Milk <b>Lunch</b> —Tuna Salad on Wheat, Broccoli, Peaches, Milk <b>Snack</b> —Tropical Fruit, Tortilla Chips w/ Salsa, Water	7 <b>Breakfast</b> —Mandarin Oranges, Bagels, Sausage, Milk <b>Lunch</b> —Meatballs, Green Peas, Mashed Potatoes, Green Peas, Milk <b>Snack</b> —Ritz Crackers, Applesauce, Water	8 <b>Breakfast</b> —Oatmeal, Strawberries, Milk <b>Lunch</b> —Baked Chicken, Tossed Salad, Red Beans & Rice, Milk <b>Snack</b> —Peaches, Yogurt, Water	9 <b>Breakfast</b> —Golden Graham Cereal, Banana, Milk <b>Lunch</b> —Corn Dog, Green Beans, Pineapples, Crackers, Milk <b>Snack</b> —Trail Mix, Orange Juice, Water
12 <b>Breakfast</b> —English Muffin, Apple Wedges, Milk <b>Lunch</b> —Breaded Sea Wonders, Tossed Salad, Corn, Crackers, Milk <b>Snack</b> —Pretzels, Pineapples, Water	13 <b>Breakfast</b> —Cheese Grits, Tropical Fruit, Milk <b>Lunch</b> —Meatballs, Mashed Potatoes, Green Beans, Bread, Milk <b>Snack</b> —Corn Muffin, Apple Juice	14 <b>Breakfast</b> —Waffles, Apricots, Milk <b>Lunch</b> —Chicken Pretzels, Green Peas, Peaches, Roll, Milk <b>Snack</b> —Celery/Carrots, w/ Dressing, Crackers, Water	15 <b>Breakfast</b> —Golden Graham Cereal, Bananas, Milk <b>Lunch</b> —Turkey & Cheese on Wheat, Corn, Applesauce, Milk <b>Snack</b> —Peanut Butter Crackers, Water	16 <b>Breakfast</b> —Kix Cereal, Strawberries, Milk <b>Lunch</b> —Cheese Pizza, Tater Tots, Plums, Milk <b>Snack</b> —Bananas, Vanilla Wafers, Water
19 <b>Breakfast</b> —Cinn Toast Crunch Cereal, Oranges, Milk <b>Lunch</b> —Ravioli, Sweet Potatoes, Corn, Garlic Bread, Milk <b>Snack</b> —Graham Crackers, Applesauce, Water	20 <b>Breakfast</b> —Cornflakes, Bananas, Milk <b>Lunch</b> —Sliced Ham, Broccoli, Pears, Roll, Milk <b>Snack</b> —Pineapple, Yogurt, Water	21 <b>Breakfast</b> —Oatmeal, Peaches, Milk <b>Lunch</b> —Tuna Salad w/ Lettuce & Tomato on Wheat, Tater Tots, Milk <b>Snack</b> —Goldfish Crackers, Pretzels, Water	22 <b>Breakfast</b> —Cheese Toast, Apples, Milk <b>Lunch</b> —Macaroni & Cheese w/ Ham, Green Beans, Apricots, Milk <b>Snack</b> —Tortilla Chips w/ Salsa, Tropical Fruit, Water	23 <b>Breakfast</b> —Waffles, Strawberries, Milk <b>Lunch</b> —Beef Hot Dogs on Bun, Baked Beans, Applesauce, Milk <b>Snack</b> —Saltine Crackers, Cheese Cubes, Water
26 <b>Breakfast</b> —Biscuit, Pears, Milk <b>Lunch</b> —Grilled Cheese, Tomato Soup, Apple Slices, Wheat Bread, Milk <b>Snack</b> —Goldfish Crackers, Pretzels, Water	27 <b>Breakfast</b> —French Toast Sticks, Strawberries, Milk <b>Lunch</b> —Baked Beans, Hot Dogs on Bun, Tropical Fruit, Milk <b>Snack</b> —Peaches, Yogurt, Water	28 <b>Breakfast</b> —Kix Cereal, Bananas, Milk <b>Lunch</b> —Beef Tacos, Green Beans, Pineapples, Milk <b>Snack</b> —Triscuits, String Cheese, Water	29 	30 

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5 <b>Breakfast</b> —English Muffins, Apples, Milk <b>Lunch</b> —Cheese Burger on Bun, Tater Tots, Pears, Milk <b>Snack</b> —Peanut Butter Crackers, Grape Juice	6 <b>Breakfast</b> —Cheerios, Pineapples, Milk <b>Lunch</b> —Tuna Salad on Wheat, Broccoli, Peaches, Milk <b>Snack</b> —Tropical Fruit, Tortilla Chips w/ Salsa, Water	7 <b>Breakfast</b> —Mandarin Oranges, Bagels, Sausage, Milk <b>Lunch</b> —Meatballs, Green Peas, Mashed Potatoes, Green Peas, Milk <b>Snack</b> —Ritz Crackers, Applesauce, Water	8 <b>Breakfast</b> —Oatmeal, Strawberries, Milk <b>Lunch</b> —Baked Chicken, Tossed Salad, Red Beans & Rice, Milk <b>Snack</b> —Peaches, Yogurt, Water	9 <b>Breakfast</b> —Golden Graham Cereal, Banana, Milk <b>Lunch</b> —Corn Dog, Green Beans, Pineapples, Crackers, Milk <b>Snack</b> —Trail Mix, Orange Juice, Water
12 <b>Breakfast</b> —English Muffin, Apple Wedges, Milk <b>Lunch</b> —Breaded Sea Wonders, Tossed Salad, Corn, Crackers, Milk <b>Snack</b> —Pretzels, Pineapples, Water	13 <b>Breakfast</b> —Cheese Grits, Tropical Fruit, Milk <b>Lunch</b> —Meatballs, Mashed Potatoes, Green Beans, Bread, Milk <b>Snack</b> —Corn Muffin, Apple Juice	14 <b>Breakfast</b> —Waffles, Apricots, Milk <b>Lunch</b> —Chicken Pretzels, Green Peas, Peaches, Roll, Milk <b>Snack</b> —Celery/Carrots, w/ Dressing, Crackers, Water	15 <b>Breakfast</b> —Golden Graham Cereal, Bananas, Milk <b>Lunch</b> —Turkey & Cheese on Wheat, Corn, Applesauce, Milk <b>Snack</b> —Peanut Butter Crackers, Water	16 <b>Breakfast</b> —Kix Cereal, Strawberries, Milk <b>Lunch</b> —Cheese Pizza, Tater Tots, Plums, Milk <b>Snack</b> —Bananas, Vanilla Wafers, Water
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26 <b>Breakfast</b> —Biscuit, Pears, Milk <b>Lunch</b> —Grilled Cheese, Tomato Soup, Apple Slices, Wheat Bread, Milk <b>Snack</b> —Goldfish Crackers, Pretzels, Water	27 <b>Breakfast</b> —French Toast Sticks, Strawberries, Milk <b>Lunch</b> —Baked Beans, Hot Dogs on Bun, Tropical Fruit, Milk <b>Snack</b> —Peaches, Yogurt, Water	28 <b>Breakfast</b> —Kix Cereal, Bananas, Milk <b>Lunch</b> —Beef Tacos, Green Beans, Pineapples, Milk <b>Snack</b> —Triscuits, String Cheese, Water	29 <b>Breakfast</b> —Golden Graham Cereal, Oranges, Milk <b>Lunch</b> —Beef Stroganoff, Broccoli, Peaches, Milk <b>Snack</b> —Tortilla Chips w/Salsa, Apple Slices, Water	30 <b>Breakfast</b> —Waffles, Applesauce, Milk <b>Lunch</b> —Chicken Salad, Carrot Sticks, Saltine Crackers, Strawberries, Milk <b>Snack</b> —Ritz Crackers, Cheese Cubes, Water